The Connecticut General Assembly

Task Force To Study The Provision Of Behavioral Health Services For Young Adults

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Summary of Recommendations Requested of the Task Force to Study the Provision of Behavioral Health Services for Young Adults

Sheryl Ryan, M.D. C-Chair

Daniel Connor, M.D., Co-chair

August 14th, 2013

Two main clusters of recommendations:

PROVISION OF CLINICAL CARE:

Focus on Prevention and Screening:

Improving behavioral health screening, early intervention and treatment

This represents a focus on prevention, and consideration of early developmental risk factors.

Behavioral health screening of children in public schools

Focus on Intervention

Intensive, individualized behavioral services in schools regarding violent individuals

Technical assistance to school districts re: behavioral intervention specialists (this is quite vague- is this for prevention or intervention?)

Case management services

Consideration and Use of available treatment options

- outpatient services, involuntary outpatient (?) commitment

ACCESS ISSUES

Addressing insufficient numbers of behavioral health providers

Consideration of need for increased numbers of mental health providers being trained versus increasing the mental health skills of pediatric providers

Improving the delivery of behavioral health services - both outpatient and inpatient

Assessing the availability of sites/physical resources for the entire spectrum of mental health services

Closing gaps in insurance coverage for mental health services – outpatient and inpatient – Assessing current payment models and alternatives

As a final step – when the taskforce has made its recommendations above, we may be in the position to tackle the last two recommendations:

Creating a clearinghouse of information on mental health and mental health services for the public

Reducing the stigma of mental illness